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# *BRAF*<sup>V600E</sup> mutation is associated with better prognoses in radioactive iodine refractory thyroid cancer patients treated with multi-kinase inhibitors: a retrospective analysis of registered clinical trials

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## Abstract

**Background** The antiangiogenic multi-kinase inhibitors (MKIs) apatinib, donafenib, and anlotinib have demonstrated satisfactory efficacy in radioactive iodine refractory differentiated thyroid cancer (RAIR-DTC) in their phase II/III trials. However, the potential impact factors on the efficacy of these MKIs remain unclear.

**Methods** RAIR-DTC patients enrolled in clinical trials of apatinib, donafenib, and anlotinib in our center were retrospectively reviewed. The Kaplan–Meier method was used to examine the relationship between clinicopathological variables and progression-free survival (PFS) and overall survival (OS), followed by a multivariate Cox analysis on PFS.

**Results** A total of 71 progressive RAIR-DTC patients were reviewed, of which 26.7% were treated by anlotinib, 45.1% by apatinib, and 28.2% by donafenib. The median follow-up time was 44.1 months, the median PFS was 21.1 months, and the estimated median OS was 47.7 months. PFS and OS showed no significant differences in patients treated with apatinib, donafenib, or anlotinib. In the univariate analyses, patients with *BRAF*<sup>V600E</sup> mutation showed longer PFS (HR 0.345, 95% CI 0.187–0.636,  $p < 0.001$ ) and OS (HR 0.382, 95% CI 0.166–0.878,  $p = 0.019$ ) compared with patients with wild-type *BRAF*. Patients with follicular thyroid cancer and bone metastases had shorter PFS, and patients with worse Eastern Cooperative Oncology Group performance status, bone metastases, and a larger tumor burden had shorter OS. In the multivariate Cox analysis, *BRAF*<sup>V600E</sup> mutation was the only independent predictor of longer PFS (HR 0.296, 95% CI 0.138–0.638,  $p = 0.002$ ). The overall response rate and disease control rate didn't differ between *BRAF*<sup>V600E</sup> mutation status. Subgroup analysis of PFS in papillary thyroid cancer patients stratified by *BRAF*<sup>V600E</sup> mutation status showed that *BRAF*<sup>V600E</sup> mutation was associated with longer PFS in all clinicopathological subgroups (hazard ratio  $< 1$ ).

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**Conclusion** RAIR-DTC patients with  $BRAF^{V600E}$  mutation treated with apatinib, donafenib, or anlotinib achieved better prognoses compared with patients with wild-type  $BRAF$ , indicating that the genetic background may play a role in predicting the efficacy of MKIs therapies.

**Trial registration** This retrospective cohort included patients in our center from clinical trials of apatinib (NCT02731352, NCT03048877), donafenib (NCT02870569, NCT03602495), and anlotinib (NCT05007093).

**Keywords**  $BRAF^{V600E}$ , Multi-kinase inhibitors, Overall survival, Progression-free survival, Radioactive iodine refractory differentiated thyroid cancer

## Background

Patients with differentiated thyroid cancer (DTC) generally have favorable outcomes under the typical regimen of surgery, radioactive iodine (RAI) ablation, and thyroid stimulating hormone (TSH) suppression therapy. However, patients who develop resistance to RAI experience a 10-year survival rate of approximately 10%, contributing to the majority of disease-specific mortality in thyroid cancer [1]. Sorafenib and lenvatinib were the first two multi-kinase inhibitors (MKIs) approved by the United States Food and Drug Administration for patients with progressive or symptomatic RAI refractory DTC (RAIR-DTC) a decade ago, and they are still the first-line-treatment for such patients globally [2–6]. Prior to the approval of sorafenib and lenvatinib by China's National Medical Products Administration in 2017 and 2020, respectively, the lack of effective treatment and the unsatisfactory survival (5-year survival rate of 84.3%, 2012–2015) prompted the development of Chinese domestic MKIs [7]. Apatinib, donafenib, and anlotinib, which primarily target VEGFR-2, are now the most mature Chinese domestic antiangiogenic MKIs for RAIR-DTC patients as a result of their demonstrated progression-free survival (PFS) benefits in placebo-controlled, phase III/II trials [8–11]. Of note, apatinib was the only MKI to show overall survival (OS) benefits worldwide in a phase III trial [10]. While increasing treatment options for RAIR-DTC patients may have contributed to the recent improvement in the 5-year survival rate in China (92.9%, 2019–2021), there is still a significant gap when compared with the United States (98.4%, 2014–2020) [12, 13]. There is considerable space for enhancing the management of Chinese RAIR-DTC patients. One of the challenges is identifying factors that could influence efficacy and timely initiating MKI therapies in patients who are likely to have unfavorable outcomes.

To date, our understanding of the influence of certain factors on the efficacy of MKIs treatments has primarily come from a series of post hoc analyses of the lenvatinib SELECT trial. There were factors in correlation with longer PFS, including a lower baseline Eastern Cooperative Oncology Group performance status (ECOG PS), a neutrophil-to-lymphocyte ratio (NLR)  $\leq 3$ , lower baseline

Ang2 levels and dose interruptions of less than 10% [14–16]. Younger age ( $\leq 65$  years), lower baseline VEGF levels, and the aforementioned factors were also associated with a higher overall response rate [14–17]. As the follow-up time extended, the benefit in OS was observed in patients with older age ( $> 65$  years), lower tumor burden (baseline sums of diameters of target lesions  $\leq 40$  mm), NLR  $\leq 3$ , and ECOG PS of 0 [14, 17, 18]. The presence of tumor-related symptoms was also proven as a negative prognostic factor for PFS and OS in several reports [19, 20].

However, evidence for Chinese patients is limited since they were not included in the SELECT trial. Additionally, the possible correlation between genetic background and the efficacy of MKI therapies was not well addressed, as molecular typing had not been incorporated into clinical practice until recent years. Moreover, there is no information available on factors that may be associated with the efficacy of Chinese domestic MKIs, which are more accessible and widely used in China. China ranked second in the world for the incidence of thyroid cancer with an age-standardized rate of 24.6 per 100,000 and accounted for over half of the new cases worldwide in 2022 (466,118/821,214) [21]. Therefore, there may be a large population of patients with advanced disease, particularly those with RAIR-DTC, who will likely require targeted therapy. In this study, we investigated factors associated with the efficacy of the Chinese domestic antiangiogenic MKIs apatinib, donafenib, and anlotinib in treating RAIR-DTC patients.

## Methods

### Patients

We retrospectively reviewed patients in our center enrolled in the clinical trials for apatinib (NCT02731352, NCT03048877), donafenib (NCT02870569, NCT03602495), and anlotinib (NCT05007093). For apatinib, the phase II trial enrolled patients from March to November 2016 and the phase III trial enrolled patients from February 2017 to July 2019. For donafenib, the phase II trial enrolled patients from March to September 2017 and the phase III trial enrolled patients from September 2018 to December 2020. For anlotinib, the open-label trial enrolled patients from April 2021 to April 2023. The

study design and results of these trials have been reported previously [8, 10, 22–24]. Briefly, all these trials enrolled patients aged  $\geq 18$  years old with histologically confirmed locally advanced or metastatic RAIR-DTC, measurable lesions per Response Evaluation Criteria In Solid Tumors version 1.1 (RECIST 1.1) [25], and experienced radiologically confirmed disease progression within 12 (phase III trial of apatinib), 14 (phase II and phase III trials of donafenib and phase II trial of apatinib) or 18 (anlotinib) months. Prior targeted therapies were allowed in all trials except for the phase II trial of donafenib [23]. These trials were approved by the authors' institution's Ethics Committee and were conducted in accordance with the Declaration of Helsinki and the International Conference and Good Clinical Practice guidelines. All patients provided written informed consent before participating in the trials.

### Study treatments and assessments

Dosage regimens varied across different trials. In the phase II trial of apatinib, 10 patients started at 750 mg daily and another 10 patients started at 500 mg daily [22]; in phase III trial, 500 mg daily was the standard dose for the treatment group [10]. In the phase II trial of donafenib, patients were randomized at a ratio of 1:1 to either 300 or 200 mg twice daily [23]; in phase III trial, 300 mg twice daily was the standard dose for the treatment group [8]. The trial of anlotinib is open-label, with a standard dose of 12 mg once daily, 2 weeks on, 1 week off, 21 days per cycle [24]. Study drugs were administered orally until disease progression, occurrence of intolerable toxic effects, withdrawal of consent, noncompliance, or the investigators' decision to discontinue treatment.

Efficacy assessments included the PFS, the overall response rate (ORR), and OS. In the current study, PFS was defined as the time from the first day of treatment to death or progression, whichever occurred first. OS was defined as the time from the first day of treatment to death from any cause. Specifically, for patients in the placebo group of the two phase III trials, the starting point for efficacy assessments was the time they crossed over to the treatment group. The data cut-off used to evaluate outcomes was August 1, 2024.

### *BRAF*<sup>V600E</sup>, *RAS*, and *TERT* promoter mutation analyses

Available formalin-fixed, paraffin-embedded biopsies from the primary tumor or metastatic sites were collected for molecular testing. *BRAF*<sup>V600E</sup>, *RAS*, and *TERT* promoter mutation status were analyzed by direct Sanger sequencing ( $n=19$ ) and Next-Generation sequencing (NGS) ( $n=44$ ) using the protocols described by Yang et al. and Mu et al., respectively [26, 27].

### Other clinical characteristics

Baseline thyroglobulin (Tg) was measured simultaneously by electrochemiluminescence immunoassays (Roche Diagnostics GmbH, Mannheim, Germany). Tg readings with positive Tg antibody (TgAb) or improper TSH suppression level ( $>0.1$   $\mu\text{IU/mL}$ ) were censored. NLR was calculated based on peripheral blood cell counts.

### Statistical analyses

Continuous variables are expressed as mean  $\pm$  standard deviation or median and interquartile range (IQR) as applicable, and categorical variables are expressed as number and percentage. PFS and OS were calculated using the Kaplan–Meier method and compared using the log-rank test. Hazard ratios (HRs) and their 95% confidence intervals (CIs) were calculated using the Cox proportional hazards model. The LASSO Cox model was used to select variables for the multivariate analysis with the glmnet package in R (version 4.3.1) [28].

## Results

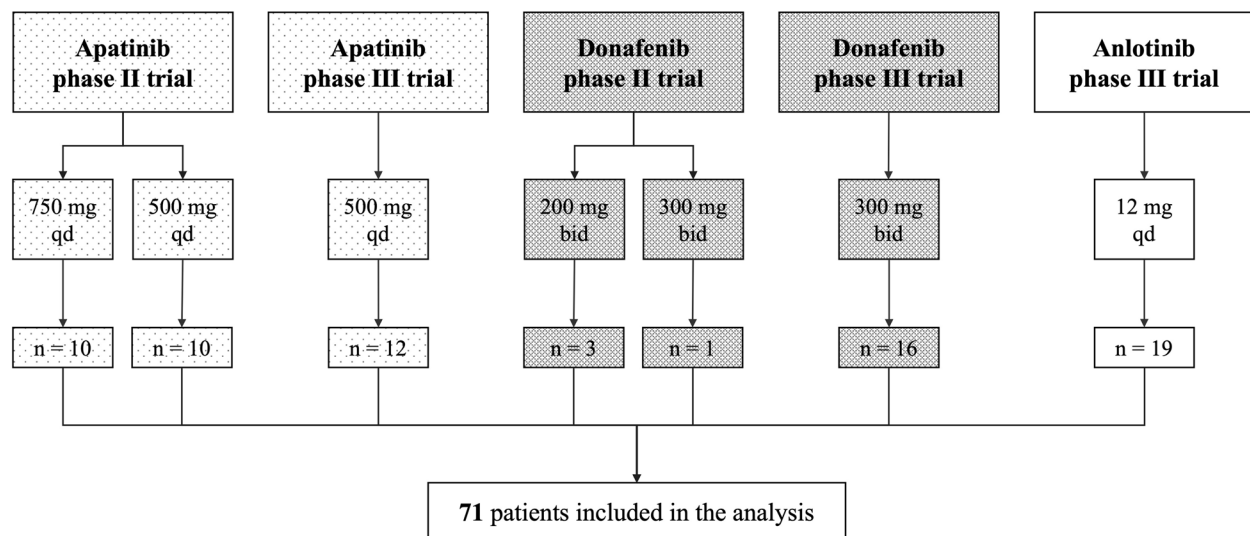
### Patients

Seventy-one patients were retrospectively reviewed from five clinical trials (Fig. 1). The baseline clinical characteristics of patients are presented in Table 1. Most patients had papillary thyroid cancer (78.9%), primary lesions that expanded beyond the thyroid capsule (T3a-4) (64.8%), and pathologically confirmed cervical lymph node metastases (N1) (71.8%). *BRAF*<sup>V600E</sup> mutation was positive in 55.6% (35/63) of tested patients. Prior to the treatment, approximately one-third of the patients had bone metastases and 26.8% had failed at least one targeted therapy. Sorafenib was the most commonly used regimen among the 26 previous targeted treatment courses (42.3%), followed by donafenib (19.2%). There was no statistically significant difference in baseline characteristics among the patients receiving anlotinib, apatinib and donafenib, except for the number of prior targeted therapy courses ( $p=0.002$ ) (Supplementary Table 1).

At the data cutoff (August 1, 2024), the median follow-up time was 44.1 (95% CI 33.8–54.4) months. Among the 71 patients in the overall cohort, 51 (71.8%) progressed, and the median PFS was 21.1 (95% CI 14.4–27.8) months. Twenty-nine (40.8%) of the patients died, and the estimated median OS was 47.7 (95% CI 18.6–76.8) months.

### Factors correlated with PFS

PFS was significantly shorter in patients with follicular thyroid cancer (FTC) than those with papillary thyroid cancer (PTC) (median, 8.7 vs. 23.0 months, HR 1.963, 95% CI 1.018–3.783,  $p=0.040$ ), and those with bone metastases than those without (median, 11.1 vs.



**Fig. 1** The study population

25.0 months, HR 2.167, 95% CI 1.174–4.000,  $p=0.011$ ) (Fig. 2, Table 2). Additionally,  $BRAF^{V600E}$  mutants had a longer PFS than  $BRAF^{V600E}$  wild-type patients (Median, 29.8 vs. 10.3 months, HR 0.345, 95% CI 0.187–0.636,  $p<0.001$ ) (Fig. 2, Table 2). PFS did not differ among different treatment regimens ( $p=0.417$ , Fig. 2), sex ( $p=0.228$ ), age at initiating MKI treatment ( $p=0.165$ ), *TERT* promoter mutation status ( $p=0.088$ ), *RAS* mutation ( $p=0.239$ ), baseline serum Tg level ( $p=0.286$ ), baseline NLR ( $p=0.781$ ), ECOG PS ( $p=0.184$ ), the sum of target lesion diameters at baseline ( $p=0.432$ ), or prior targeted therapy courses ( $p=0.943$ ) (Table 2).

Given the small sample size and the possibility of multicollinearity among the variables, we first performed a LASSO Cox regression analysis for variable selection (Supplementary Fig. 1). The five selected parameters with non-zero coefficients for the multivariate Cox analysis were sex, histology,  $BRAF^{V600E}$  mutant status, regimen, and age at initiating MKI treatment (Supplementary Table 2). Multivariate Cox analysis showed that  $BRAF^{V600E}$  status was the only independent predictor of PFS (mutation vs. wild-type, HR 0.296, 95% CI 0.138–0.638,  $p=0.002$ , Table 3). As  $BRAF^{V600E}$  mutation was rare in FTC patients in the current ( $n=1$ ) and many other studies, we further performed a multivariate Cox analysis restricted to PTC patients to avoid the influence of the higher proportion of  $BRAF^{V600E}$ -negative patients in FTC.  $BRAF^{V600E}$  (mutation vs. wild-type, HR 0.267, 95% CI 0.120–0.593,  $p=0.001$ ) remained as the only independent prognostic factor (Table 3). We also performed a Cox regression analysis that included all the significant variables in the univariate analysis of PFS and OS (histology,  $BRAF^{V600E}$ , bone metastases, ECOG PS, sum

of target lesion diameters at baseline).  $BRAF^{V600E}$  mutation was still the only independent predictor in both the entire cohort and PTC patients (Supplementary Table 3).

#### Factors correlated with OS

Shorter OS was observed in patients with larger tumor burden (sum of target lesion diameters at baseline,  $>40$  vs.  $\leq 40$  mm, median 34.7 vs. 94.0 months, HR 3.738, 95% CI 1.620–8.628,  $p<0.001$ ), higher ECOG PS (2 vs. 0–1, median 34.2 vs. 52.4 months, HR 3.802, 95% CI 1.103–13.108,  $p=0.023$ ) and bone metastases (positive vs. negative, median 34.9 vs. 83.2 months, HR 2.243, 95% CI 1.029–4.891,  $p=0.037$ ) (Fig. 3, Table 2). The benefit of  $BRAF^{V600E}$  mutants over wild-type  $BRAF^{V600E}$  patients was also observed in OS (median 94.0 vs. 34.7 months, HR 0.382, 95% CI 0.166–0.878,  $p=0.019$ ) (Fig. 3, Table 2). Multivariate Cox analyses was not performed because of the limited number of outcome events.

#### Baseline characteristics and detailed efficacy stratified by $BRAF^{V600E}$ mutation status

We next evaluated the factors included in the survival analysis in patients stratified by  $BRAF^{V600E}$  mutation status (Table 4).  $BRAF^{V600E}$  mutation was more prevalent in patients with PTC than those with FTC ( $p=0.001$ ) and frequently co-occurred with *TERT* promoter mutation ( $p<0.001$ ).  $BRAF^{V600E}$  wild-type patients were more likely to developed bone metastases ( $p=0.034$ ) and had a higher ECOG PS ( $p=0.034$ ) (Table 3).

$BRAF^{V600E}$  mutants didn't hold superior best overall response ( $p=0.135$ ), objective response rate ( $p=0.185$ ), or disease control rate ( $p=0.444$ ) (Table 5). A longer PFS was observed in  $BRAF^{V600E}$  mutated

**Table 1** Baseline clinicopathological characteristics of RAI-R-DTC patients treated with MKIs

Characteristics	Number/Median	Percentage (%) / IQR
Patient number	71	
Sex		
Female	37	52.1
Male	34	47.9
Age at diagnosis, year	48	42.0–56.0
Histology		
PTC	56	78.9
FTC	15	21.1
T stage		
1-3a	21	29.6
3b-4b	46	64.8
NA	4	5.6
N stage		
0	13	18.3
1a	4	5.6
1b	47	66.2
NA	7	9.9
Number of RAI	2	2–4
Total cumulative activity (mCi)	325	230–611
<i>BRAF</i> <sup>V600E</sup>		
Mutation	35	49.3
Wild-Type	28	39.4
Untested	8	11.3
<i>TERT</i> promoter		
Mutation	37	52.1
Wild-Type	21	29.6
Untested	13	18.3
<i>RAS</i>		
Mutation	6	8.4
Wild-Type	42	59.2
Untested	23	32.4
Age at initiating MKI treatment (year)	57	49.0–64.0
Age at initiating MKI treatment group		
≥ 55	42	59.2
< 55	29	40.8
Serum Tg, ng/mL ( <i>n</i> = 56)	502.5	95.9–1982.0
Baseline serum Tg group (ng/mL) ( <i>n</i> = 56)		
> 500	28	50.0
≤ 500	28	50.0
NLR	2.9	2.13–3.50
Baseline NLR group		
> 3	29	40.8
≤ 3	42	59.2
Sum of target lesion diameters	39.9	29.1–62.2
Sum of target lesion diameters at baseline (mm)		
> 40	35	49.3
≤ 40	36	50.7
Bone metastases		
Negative	47	66.2



**Table 1** (continued)

Characteristics	Number/Median	Percentage (%) / IQR
Positive	24	33.8
ECOG PS		
0	32	45.1
1	34	47.9
2	5	7
Regimen		
Anlotinib	19	26.7
Apatinib	32	45.1
Donafenib	20	28.2
Prior targeted therapy courses		
0	52	73.2
1	12	16.9
2	7	9.9
Regimens of prior targeted therapy (n = 26)		
Sorafenib	11	42.3
Donafenib	5	19.2
Apatinib + Carelizumab	4	15.4
Apatinib	2	7.7
RX208 tablets	2	7.7
Pralsetinib	1	3.8
Vandetanib	1	3.8

**Abbreviations:** RAI-R-DTC radioactive iodine refractory differentiated thyroid cancer, MKI multi-kinase inhibitor, PTC papillary thyroid cancer, FTC follicular thyroid cancer, NA not available, RAI radioactive iodine, Tg thyroglobulin, NLR neutrophil-to-lymphocyte ratio, ECOG PS Eastern Cooperative Oncology Group performance status, IQR interquartile range

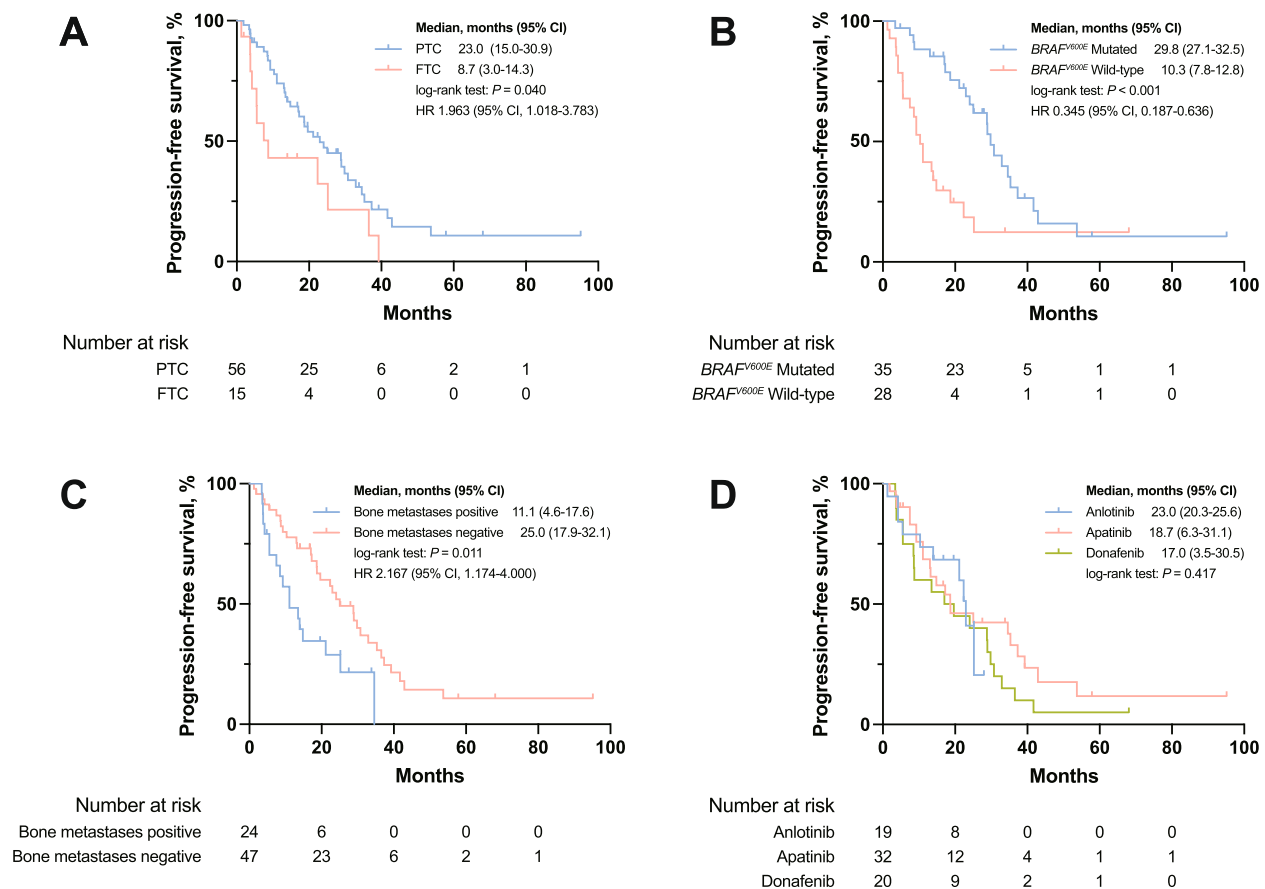
patients treated with anlotinib (mutation vs. wild-type, median, not reached vs. 10.3 months, HR 0.147, 95% CI 0.030–0.719,  $p=0.007$ ) and apatinib (mutation vs. wild-type, median, 35.3 vs. 11.1 months, HR 0.201, 95% CI 0.064–0.631,  $p=0.002$ ). While the median PFS tended to be longer in the  $BRAF^{V600E}$  mutated patients treated with donafenib (Mutation vs. Wild-type, Median, 28.8 vs. 5.5 months) (Table 5), the difference was not statistically significant ( $p=0.569$ ).

We also performed an exploratory subgroup analysis of PFS in PTC patients stratified by  $BRAF^{V600E}$  mutation status. Patients with FTC or RAS mutation were excluded, as it was rare for FTC patients to exhibit  $BRAF^{V600E}$  mutation ( $n=1$ ) or for RAS mutations to co-exist with  $BRAF^{V600E}$  mutation ( $n=0$ ).  $BRAF^{V600E}$  mutants were found to have better PFS in all subgroups (HR < 1) (Fig. 4). Patients with *TERT* promoter mutation appeared to fare better when also harboring with  $BRAF^{V600E}$  mutations. Regardless of whether the patients had previously received targeted treatments,  $BRAF^{V600E}$  mutation appeared to retain the potential of a longer PFS (Fig. 4).

**Discussion**

Over the past decade, MKIs have gradually developed a solid position in the treatments of RAI-R-DTC. Unlike selective inhibitors, which are only suitable for patients with certain genetic mutations, MKIs are generally applicable to all patients with progressive RAI-R-DTC and are often more accessible and affordable [4, 5]. In addition to lenvatinib and sorafenib, more cost-effective options such as anlotinib, apatinib and donafenib are now available for Chinese patients. These MKIs have been demonstrated to prolong PFS and reduce tumor burden [2, 3, 8–10, 29]. However, the varying benefits observed among patients have raised questions regarding the most appropriate candidates and the optimal timing of these drugs.

In this retrospective study, we pooled the participants treated with anlotinib, apatinib, and donafenib into one cohort, as they shared similar baseline characteristics except for the number of prior targeted therapy courses. While the dosing regimens of apatinib and donafenib varied in the trials, ultimately the patients were pooled together because the phase II studies of both drugs showed no statistically significant differences in



**Fig. 2** Kaplan–Meier curves of progression-free survival by clinicopathological factors and regimens. Kaplan–Meier analysis of progression-free survival in patients in the following subgroups. **A** Histology: FTC vs. PTC; **B** BRAF<sup>V600E</sup> status: mutated vs. wild-type; **C** Bone metastases: positive vs. negative; **D** Regimen: anlotinib vs. apatinib vs. donafenib. Abbreviations: PTC, papillary thyroid cancer; FTC, follicular thyroid cancer; HR, hazard ratio

PFS between dosing subgroups [22, 23]. There were no significant differences in PFS and OS among patients treated with anlotinib, apatinib, or donafenib ( $p > 0.05$ ), which allowed us to explore if there were any universal factors that impacted the outcome of the MKI therapies. In addition to conventional clinicopathological factors, genetic alterations including BRAF<sup>V600E</sup> and TERT promoter mutations were also taken into consideration in our study, as 85.9% (63/71) of our patients had undergone genetic testing.

The most prominent finding of our study was the favorable outcome of patients with BRAF<sup>V600E</sup> mutation. BRAF<sup>V600E</sup> mutation has been shown to be an indicator of poor clinicopathological outcomes in DTC, including aggressive pathological features, lymph node metastasis, distant metastasis, higher TNM stage, recurrence, persistent disease, and even mortality [30–33]. However, there were studies showed that BRAF<sup>V600E</sup> mutation maybe not an independent predictor of these unfavorable clinical features [34–38]. For example, without the coexistence of additional late molecular events like mutations

in PIK3CA, TP53, or TERT promoter (the most frequent co-occurring mutation), BRAF<sup>V600E</sup> mutation alone may not be sufficient to cause poor outcomes [39–43]. In PTC patients with distant metastases, BRAF<sup>V600E</sup> mutation also results in the loss of radioactive iodine avidity, especially when paired with the TERT promoter mutation [26, 44–47]. Notably, although over 80% of the BRAF<sup>V600E</sup> mutants in our cohort had accompanying TERT promoter mutations, these patients still presented much better PFS and OS than BRAF<sup>V600E</sup> wild-type patients, despite the fact that TERT promoter mutation was found to accelerate BRAF mutation-induced thyroid cancer dedifferentiation and progression [48]. This finding also supported prior reports of BRAF<sup>V600E</sup> mutants fared better on PFS under the treatment of sorafenib, lenvatinib, and apatinib than wild-type patients [2, 15, 22, 49]. Additionally, our subgroup analysis indicated that previous failed targeted therapies did not hinder the benefit of the BRAF<sup>V600E</sup> mutation in the subsequent MKI treatments in the subgroup analysis. These results bolstered confidence in the efficacy of MKI therapies

**Table 2** Univariate analyses of factors associated with PFS and OS of RAI-R-DTC patients treated with MKIs

Characteristics	Progression-free survival				Overall survival				
	Median	95% CI	Log-rank P value	Hazard Ratio	Median	95% CI	Log-rank P value	Hazard Ratio	95% CI
Overall (n = 71)	21.1	14.4–27.8			47.7	18.6–76.8			
Sex			0.228				0.553		
Female	22.4	12.9–31.8			83.2	7.5–159.0			
Male	21.1	12.8–29.5			47.7	24.3–71.1			
Age at initiating MKI treatment (year)			0.165				0.168		
≥55	24.0	16.4–31.6			83.2	29.6–136.9			
<55	13.9	2.9–24.9		1.963	34.9	33.4–36.4			
Histology			0.040			1.018–3.783	0.692		
PTC	23.0	15.0–30.9			47.7	17.3–78.1			
FTC	8.7	3.0–14.3			NR	NE			
BRRAF <sup>V600E</sup> (n = 63)			<0.001	0.345		0.187–0.636	0.019	0.382	0.166–0.878
Mutation	29.8	27.1–32.5			94.0	19.3–168.8			
Wild-Type	10.3	7.8–12.8			34.7	33.8–35.6			
TERT promoter (n = 58)			0.088				0.835		
Mutation	24.0	12.7–35.3			47.7	40.2–55.2			
Wild-Type	13.9	1.7–26.1			NR	NE			
KRAS (n = 48)			0.239				0.610		
Mutation	25.2	8.4–42.0			NR	NE			
Wild-Type	22.4	14.5–30.3			46.8	36.5–57.1			
Baseline serum Tg (ng/mL) (n = 56)			0.286				0.241		
>500	21.1	10.4–31.9			46.8	27.1–66.5			
≤500	25.2	7.5–42.9			94.0	19.3–168.8			
Baseline NLR			0.781				0.24		
>3	21.1	4.9–37.4			34.9	NE			
≤3	19.6	12.2–27.1			52.4	23.9–80.8			
ECOG PS			0.184				0.023		1.103–13.108
0–1	22.4	16.1–28.6			52.4	17.8–86.9		3.802	
2	5.5	0.0–15.9			34.2	NE			
Sum of target lesion diameters at baseline (mm)			0.432				<0.001		1.620–8.628
>40	21.1	15.7–26.6			34.7	33.1–36.3		3.738	
≤40	23.0	7.9–38.0			94.0	73.5–114.6			
Bone Metastases			0.011	2.167		1.174–4.000	0.037	2.243	1.029–4.891
Positive	11.1	4.6–17.6			34.9	26.3–43.5			



Table 2 (continued)

Characteristics	Progression-free survival				Overall survival			
	Median	95% CI	Log-rank P value	Hazard Ratio	95% CI	Median	95% CI	Hazard Ratio
Negative Regimen	25.0	17.9–32.1	0.417			83.2	16.6–149.9	
Donafenib	17.0	3.5–30.5			NE	83.2		0.425
Apatinib	18.7	6.3–31.1			29.7–62.9	46.3		
Anlotinib	23.0	20.3–25.6			20.0–57.9	38.9		
Prior targeted therapy courses			0.943					0.47
0	25.0	11.2–38.8				83.2	30.1–136.3	
1	22.4	14.8–29.9				47.7	19.9–75.5	
2	14.8	8.1–21.5			NE	34.2		

Abbreviations: PFS progression-free survival, OS overall survival, RAI-R-DTC radioactive iodine refractory differentiated thyroid cancer, MKI multi-kinase inhibitor, PTC papillary thyroid cancer, FTC follicular thyroid cancer, RAI radioactive iodine, Ig thyroglobulin, NLR neutrophil-to-lymphocyte ratio, ECOG PS Eastern Cooperative Oncology Group performance status, CI confidence interval, NR not reached, NE not estimable

**Table 3** Multivariate Cox analyses of factors for PFS in RAIR-DTC patients treated with MKIs

Characteristics	Category	Full analysis (n = 63)			PTC patients only (n = 52)		
		P value	Hazard Ratio	95% CI	P value	Hazard Ratio	95% CI
Sex	Male versus Female	0.093	1.953	0.895–4.259	0.088	2.058	0.897–4.720
<i>BRAF</i> <sup>V600E</sup>	Mutation versus Wild-type	0.002	0.296	0.138–0.638	0.001	0.267	0.120–0.593
Age at initiating MKI treatment	≥ 55 versus < 55	0.333	0.713	0.360–1.414	0.281	0.665	0.316–1.397
Regimen	Anlotinib versus Apatinib versus Donafenib	0.434	0.829	0.518–1.326	0.518	0.836	0.485–1.440
Histology	FTC versus PTC	0.167	1.89	0.766–4.663			

Abbreviations: PFS progression-free survival, RAIR-DTC radioactive iodine refractory differentiated thyroid cancer, MKI multi-kinase inhibitor, PTC papillary thyroid cancer, FTC follicular thyroid cancer, CI confidence interval

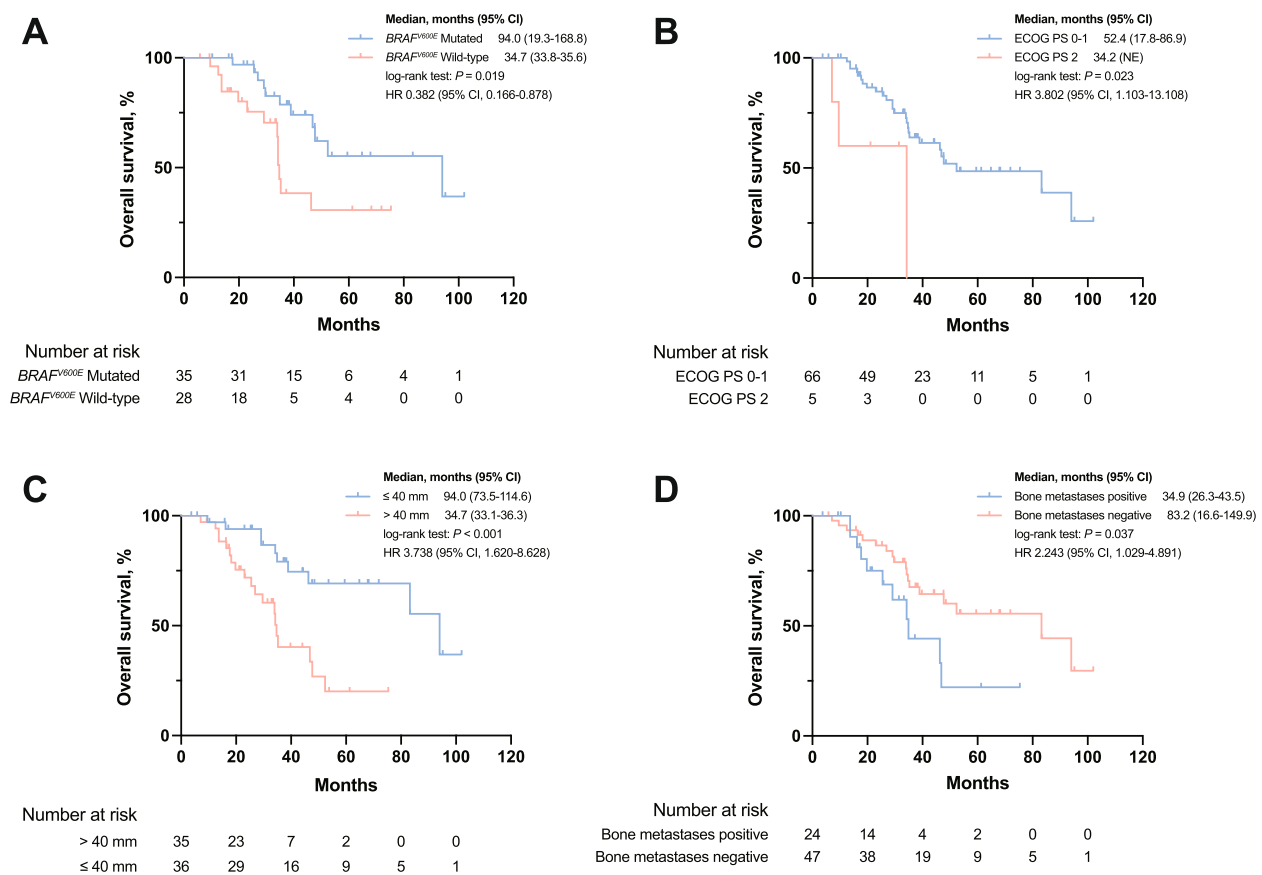
for RAIR-DTC patients with *BRAF*<sup>V600E</sup> and even *TERT* promoter mutations, contradicting previous studies that linked these events to a poor prognosis. Notably, in our study, whereas *BRAF*<sup>V600E</sup> mutants exhibited prolonged PFS than *BRAF*<sup>V600E</sup> wild-type patients, the ORR did not differ between these patient groups, indicating that *BRAF*<sup>V600E</sup> mutated tumors may be able to sustain a more lasting response to MKIs rather than achieving more tumor shrinkage.

The reason why *BRAF*<sup>V600E</sup> mutation is an indicator of better prognosis is yet to be elucidated. In the biomarker analysis of the DECISION trial and exploratory post hoc analysis of the SELECT trial, there were no interactions between *BRAF*<sup>V600E</sup> mutation and MKIs, and *BRAF* wild-type was found to be prognostic for worse PFS in the placebo arm [2, 15, 50]. The DECISION trial concluded that the better PFS in *BRAF*<sup>V600E</sup> mutation patients was attributed to the inner indolent feature of PTC over FTC, as *BRAF*<sup>V600E</sup> is prevalent in PTC [2]. The prolonged PFS observed in the placebo-treated patients with PTC harboring *BRAF*<sup>V600E</sup> mutation in the SELECT trial strongly suggested that *BRAF*<sup>V600E</sup>, rather than PTC itself, is responsible for the inherent indolent behavior of tumors. Nowadays cancer is increasingly recognized as a genetic disease, and we agree that the potential influence of *BRAF*<sup>V600E</sup> mutation's inherent indolent behavior on the better survival of RAIR-DTC patients receiving MKI therapies should not be overlooked, as *BRAF*<sup>V600E</sup> mutation was the only independent predictor for PFS in our study. Aside from its indolent nature, there may be other potential reasons why patients with *BRAF*<sup>V600E</sup> mutation may sustain a more lasting response under MKI treatment. *BRAF*<sup>V600E</sup> mutation exhibits dual angiogenic effects in promoting both VEGF overexpression and methylation-induced silencing of TIMP3, a tumor suppressor that inhibits angiogenesis by blocking the binding of VEGF to its receptor [51–54]. The more active angiogenesis in tumors harboring *BRAF*<sup>V600E</sup> may explain

why such patients achieved more prolonged PFS under angiogenesis therapy than wild-type patients. Compared to other driven mutations like *RET/PTC*, *ALK*, *RAS*, etc., *BRAF*<sup>V600E</sup> is located in the middle of the mitogen-activated protein kinases pathway, allowing MKIs to block both the primary and the potential bypass signals. This may also explain the relatively limited efficacy in terms of ORR (dabrafenib 35%, dabrafenib + trametinib 30%) and PFS (median, dabrafenib 10.7 months, dabrafenib + trametinib 15.1 months) in the *BRAF*-Mutated RAIR-DTC patients treated with dabrafenib and dabrafenib + trametinib [55].

Notably, no studies have addressed the significance of co-occurring *TERT* promoter mutation in the favorable outcome under MKI therapies. Further studies are needed to determine whether the genetic duet of *BRAF* and *TERT* promoter mutation may act as an Achilles' heel under MKI therapies, resulting in better therapeutic responses as they do under *BRAF* and *MEK* inhibitors [56, 57]. It is also worth mentioning that the insignificant result in the donafenib subgroup was caused by a *BRAF*<sup>V600E</sup> wild-type patient who had an impressive PFS of 68.1 months. The data from this patient also led to the intersection of the two curves in the Kaplan–Meier analysis of the entire cohort (Fig. 2B). Sadly, this patient only had Sanger sequencing data for the *BRAF* mutation, and thus more information about other possible mutations were not available. NGS with a larger panel is warranted to provide a more comprehensive look at complex genomic alterations, enabling the investigation of other molecular events that may have an impact on survival outcomes.

Another factor correlated with both shorter PFS and OS was the presence of bone metastases; this was consistent with previous studies in patients receiving sorafenib and lenvatinib [20, 58–60]. The constrained efficacy of MKIs in patients with bone metastases was reflected not only by shorter survival time, but also by less tumor



**Fig. 3** Kaplan-Meier curves of overall survival based on clinicopathological factors. **A** BRAF<sup>V600E</sup> mutation status: mutated vs. wild-type; **B** ECOG PS: 2 vs. 0-1; **C** Sum of target lesion diameters at baseline: > 40 mm vs. < 40 mm; **D** Bone metastases: positive vs. negative. Abbreviations: ECOG PS, Eastern Cooperative Oncology Group performance status; HR, hazard ratio

shrinkage compared with metastatic lesions in the lung, liver, or lymph nodes [61, 62]. Even if the advantage of MKIs is maintained in other metastatic lesions, bone metastases may grow and result in the sentence of progressive disease [63]. In RAIR-DTC patients with bone metastases, MKI monotherapy appears to be insufficient for disease control, an integrated treatment comprising antiresorptive drugs and local therapies like surgery and radiotherapy is warranted [64].

FTC is more likely to metastasize to distant organs such as the lung and the bone, and therefore its prognosis is worse than that of PTC [65, 66]. In this study, patients with FTC had shorter PFS under MKI therapies than PTC. Other studies reported no significant difference between FTC and PTC, although a real-world study of sorafenib indicated a trend towards a shorter median PFS for FTC (6.07 months) compared with PTC (20.30 months) [19, 58, 67]. In addition, lenvatinib and apatinib prolonged PFS in all histological subgroups, while donafenib, anlotinib, and sorafenib failed to improve PFS in the FTC subgroups [2, 8, 9]. The

inconsistent efficacy of different MKIs may explain the shorter PFS in FTC patients of our cohort, as more than half of the patients received donafenib and anlotinib. Additionally, the difference in the prevalence of bone metastases may serve as a confounding factor in the univariate analysis, leading to different outcomes in different cohorts.

In our study, ECOG PS and baseline tumor burden were the other two factors correlated with OS. This was in accordance with several studies of sorafenib and lenvatinib, in which RAIR-DTC patients with better ECOG PS and lower baseline tumor burden showed superior outcomes [14, 18, 20, 58, 67]. In fact, there is a considerable correlation between the two factors. In the SELECT trial, patients with an ECOG PS of 0 had smaller target lesion diameters at baseline compared with patients with an ECOG PS of 1 [14]. Higher ORR and a greater percentage of shrinkage were achieved in patients with better ECOG PS (less tumor burden), while the duration of response was shorter in patients with heavier tumor burden [14, 68]. A worse ECOG PS, which may be caused by

**Table 4** Baseline clinicopathological characteristics of the patients stratified by *BRAF*<sup>V600E</sup> mutation status

Parameter, n (%)	<i>BRAF</i> <sup>V600E</sup>		P value
	Mutation	Wild-type	
Sex			0.077
Female	14 (40.0)	18 (64.3)	
Male	21 (60.0)	10 (35.7)	
Histology			0.001
PTC	34 (97.1)	18 (64.3)	
FTC	1 (2.9)	10 (35.7)	
<i>TERT</i> (n = 58)			< 0.001
Mutation	28 (82.4)	9 (37.5)	
Wild Type	6 (17.6)	15 (62.5)	
<i>RAS</i> (n = 48)			0.003
Mutation	0 (0.0)	6 (30.0)	
Wild Type	28 (100.0)	14 (70.0)	
Age at initiating MKI treatment group			0.213
≥ 55	22 (62.9)	13 (46.4)	
< 55	13 (37.1)	15 (53.6)	
Baseline serum Tg group (ng/mL) (n = 51)			0.404
> 500	12 (44.4)	14 (58.3)	
≤ 500	15 (55.6)	10 (41.7)	
Baseline NLR group			0.603
> 3	12 (34.3)	12 (42.9)	
≤ 3	23 (65.7)	16 (57.1)	
Sum of target lesion diameters at baseline (mm)			0.077
> 40	14 (40.0)	18 (64.3)	
≤ 40	21 (60.0)	10 (35.7)	
Bone metastases			0.034
Negative	27 (77.1)	14 (50.0)	
Positive	8 (22.9)	14 (50.0)	
ECOG PS			0.034
0–1	35 (100.0)	24 (85.7)	
2	0 (0.0)	4 (14.3)	
Regimen			0.579
Anlotinib	9 (25.7)	10 (35.7)	
Apatinib	15 (42.9)	12 (42.9)	
Donafenib	11 (31.4)	6 (21.4)	
Prior targeted therapy courses			0.758
0	26 (74.3)	20 (71.4)	
1	6 (17.1)	4 (14.3)	
2	3 (8.6)	4 (14.3)	

**Abbreviations:** PTC papillary thyroid cancer, FTC follicular thyroid cancer, MKI multi-kinase inhibitor, Tg thyroglobulin, NLR neutrophil-to-lymphocyte ratio, ECOG PS Eastern Cooperative Oncology Group performance status

a larger tumor burden, may impair the patient’s tolerance for severe adverse events in MKI therapies [68]. The findings in our and other’s studies suggested that it may be better to initiate MKI therapies earlier rather than waiting until the disease progresses.

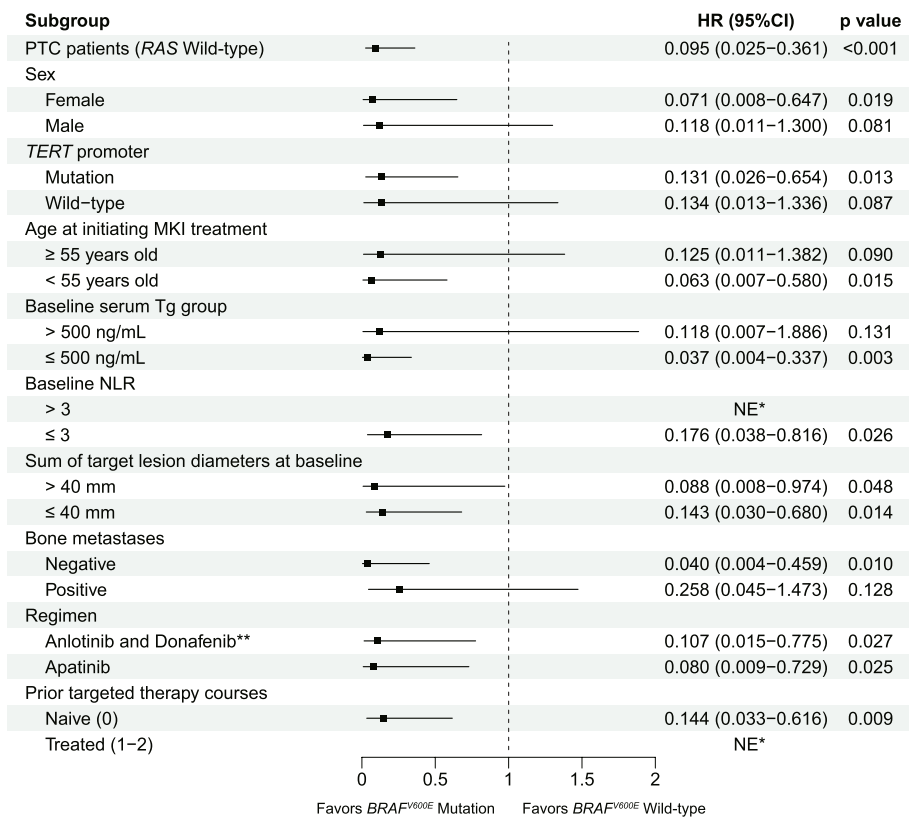
Our study has several limitations. The retrospective design and the small sample size only allowed us to

explore the potential prognostic factors instead of constructing a comprehensive model with more variables to predict efficacy. Additionally, the follow-up period was not long enough to witness half of the OS events, which made multivariate analysis unfeasible. This also explains why the median OS was not reached and the 95% confidence intervals were not estimable in several

**Table 5** Detailed efficacy in patients stratified by *BRAF*<sup>V600E</sup> mutation status

Parameter	<i>BRAF</i> <sup>V600E</sup>		P value
	Mutation (n = 35)	Wild-type (n = 28)	
Best overall response, n (%)			0.135
PR	26 (74.3)	16 (57.1)	
SD	9 (25.7)	11 (39.3)	
PD	0 (0.0)	1 (3.6)	
Objective response rate, % (95% CI)	74.3 (56.7–87.5)	57.1 (37.2–75.5)	0.185
Disease control rate, % (95% CI)	100.0 (90.0–100.0)	96.4 (81.7–99.9)	0.444
Progression-free survival, Median (95% CI), Months			
Anlotinib	NR (NE)	10.3 (0.0–23.4)	0.007
Apatinib	35.3 (30.8–39.9)	11.1 (8.3–13.9)	0.002
Donafenib	28.8 (16.0–41.7)	5.5 (1.8–9.3)	0.569

Abbreviations: PR partial response, SD stable disease, PD progression disease, CI confidence interval



**Fig. 4** Forest plot of HR for PFS subgroup analyses in PTC patients stratified by *BRAF*<sup>V600E</sup> mutation. \* Not estimable since the Cox model failed to converge due to the limited number of events. (Baseline NLR > 3: *BRAF*<sup>V600E</sup> mutation vs. wild-type, median PFS 28.9 vs. 9.3 months, log-rank  $p < 0.001$ . Treated (1–2): *BRAF*<sup>V600E</sup> mutation vs. wild-type, median PFS 23.0 vs. 13.9 months, log-rank  $p = 0.003$ .) \*\* Patients receiving anlotinib and donafenib were combined because the events were insufficient for a separate analysis. Abbreviations: HR, hazard ratio; PFS, progression-free survival; PTC, papillary thyroid cancer; MKI, multi-kinase inhibitor; NLR, neutrophil-to-lymphocyte ratio; NE, not estimable

subgroups. Nearly one-third of our patients underwent Sanger sequencing for genetic testing. The relatively low sensitivity of Sanger sequencing may not be sufficient for

detecting low-frequency variants. Moreover, our Sanger sequencing analysis only focused on *BRAF*<sup>V600E</sup>, *TERT* promoter, and *RAS* mutation, and thus we were unable

to fully assess the complex genetic background of the patients and the effect on clinical responses to MKIs. Future studies should employ a bigger NGS panel in a much larger cohort to uncover other less frequent mutations that may affect survival outcomes.

## Conclusions

Patients with *BRAF*<sup>V600E</sup> mutation treated with the MKIs apatinib, anlotinib exhibited a longer PFS and OS under MKIs of apatinib, anlotinib and donafenib. Our findings may support the value of assessing genetic background when considering MKI therapies. Further investigations are needed to verify the utility of *BRAF*<sup>V600E</sup> and other mutations in larger populations.

## Abbreviations

CI	Confidence interval
DTC	Differentiated thyroid cancer
ECOG PS	Eastern Cooperative Oncology Group performance status
FTC	Follicular thyroid cancer
HR	Hazard ratio
IQR	Interquartile range
MKI	Multi-kinase inhibitor
NGS	Next-generation sequencing
NLR	Neutrophil-to-lymphocyte ratio
ORR	Overall response rate
OS	Overall survival
PFS	Progression-free survival
PTC	Papillary thyroid cancer
RAI	Radioactive iodine
RAIR-DTC	Radioactive iodine refractory differentiated thyroid cancer
RECIST 1.1	Response Evaluation Criteria In Solid Tumors version 1.1
Tg	Thyroglobulin
TSH	Thyroid stimulating hormone

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s13044-025-00223-0>.

Supplementary Material 1.

Supplementary Material 2: Supplementary Figure 1. LASSO-Cox regression for variable selection. (A) The LASSO-Cox regression curve for baseline characteristics; (B) the coefficient plot for variable selection.

## Acknowledgements

We thank Gabrielle White Wolf, PhD, from Liwen Bianji (Edanz) ([www.liwenbianji.cn](http://www.liwenbianji.cn)) for editing the English text of a draft of this manuscript.

## Authors' contributions

D.S. and X.Z. developed the theory, performed data collection and analytic calculations, and wrote the manuscript. X.N.J., C.S. and Y.Q.S. provided critical feedback and helped shape the research. Y.Q.Z. helped supervise the project. Y.S.L. and J.L. were in charge of overall direction. All authors reviewed the manuscript.

## Funding

This work was supported by the National High Level Hospital Clinical Research Funding [grant number 2022-PUMCH-B-072] and the National Natural Science Foundation of China [grant number 82472027].

## Data availability

No datasets were generated or analysed during the current study.

## Declarations

### Ethics approval and consent to participate

All the trials were approved by the Ethics Committee of Peking Union Medical College Hospital. All patients provided written informed consent before participating in the trials.

### Consent for publication

Not applicable.

### Competing interests

The authors declare no competing interests.

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Received: 27 October 2024 Accepted: 7 January 2025

Published online: 10 February 2025

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